

Curriculum Vitae

LUCIAN STAN

International Dance Teacher (Argentine tango) | Professional Dancer | Dance & Performance Coach Co-founder of CeTATTe Association (Center for Argentine Tango and Tango Therapy)

Profile _

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Personal Strengths

- > Authentic
- > Passioned
- > Committed to team
- > Honest and reliable
- > Hard-working and long-term endurance
- > Curious and creative

A passionate, experienced tango teacher, professional performer and dancer (over 20 years) with a strong desire to share his insights. Educator and coach with increased abilities to direct his students' training, dance expression and mental strength (inspiration, motivation, self-confidence, attentional focus and attitude development), by aligning coherently their body-mind-heart-spirit.

Artist with a continual search for personal growth in interdisciplinary fields. Professional dance skills connected with personal interests in areas like Psychology, Dance and High-Performance Sports Psychology, Coaching, Self-Help Neuroscience, Dance and Movement Therapy, Psychotherapy, Arts, Education Sciences, Body & Wellbeing.

Social dancer (tango and salsa), advocating for self-respect and respecting others; promoter of personal contribution, connection and compassion through Art. Professional dancer (tango, standard and latin), making from personal achievements and performance a continuous ethical legacy. Interpersonal skilled organiser of dance events and tango festivals.

Professional Skills

- > Pedagogical skills
- > Psychological skills
- > Computer/ICT skills
- > Decision making
- > Critical thinking
- > Ability to adapt
- > Intercultural and interpersonal skills
- > Coaching skills

Language Skills

- > English (advanced)
- > French (intermediate)
- > Spanish (intermediate)
- > Russian (beginner)

Career _

My professional experience starts in 2008, when I quit a stable, well paid job as a Romanian Army officer (Military Forces) and ICT engineer, to completely dedicate to professional dancing and personal transformation.

Training in Ballroom dancing (10 dances) since 2004 has given me a broad experience in high performance training and a positive sports competitive profile (more than one hundred competitions accredited both nationally by the Romanian Dance Sport Federation and internationally by the World Dance Sport Federation). My Latin pinnacle was in 2012 when I reached the qualifying rounds of the 96th Blackpool Dance Festival, considered by many the most prestigious Ballroom competition in the world.

Annual journeys (starting 2008) to Buenos Aires to work with the best Argentine Masters (some of them with over sixty years of experience in dancing) have given me insights, discipline, 'secrets', inner sense of maturity.

My experience is the living proof that training with top teachers, world mentors and coaches is the key to success. Even if in 2004 I had zero dance experience (aged 24), in 2017 I was able to win first place in the U.K. Tango Championship ('Stage Tango', London, Apr 2017) and become world semifinalist ('Stage Tango', World Tango Cup, Buenos Aires, Aug 2017).

I am currently an internationally recognised artist, tango teacher, performer, organiser. I travel a lot, meeting great people (Europe, Argentina).

Dance Education

Dance Certificates

2020-2022 MAPP DTP (master, distance learning) 2013 Tango Certificate **Buenos Aires** 2010 Dance Instructor Certificate, Bucharest

- Master of Arts, Professional Practice Dance Technique Pedagogy, Middlesex University, thesis "Dance Teacher, Coach, Mentors for Dancers' Education"
- Certificate "Master for Maestros de Tango", "Escuela Argentina de Tango", Centro Borges, Buenos Aires
- Certificate "Dance Instructor", Ministry of Culture and Cults, Bucharest (first promotion of nationally accredited dance instructors, other than Ballroom specialisation)

National Education

Bucharest

2007 Pedagogical Certificate "Department for Didactical Personnel Preparation" (Oct 2006- Jul 2007), "Carol I" National Defense University, Bucharest

Dance Awards & Results

2017 World Semifinals 2017 UK Champion 2016 European Semifinalist 2014 European Semifinalist

2012 Ballroom Qualification

- Tango BA World Cup (Semifinalist "Stage Tango") (Aug 2017, Buenos Aires)
- UK Tango Championship (1rst Place "Stage Tango") (Apr 2017, London)
- 7th European Tango Championship (Semifinalist "Tango de Pista", Cervia, Italy)
- 5th European Tango Championship (Semifinalist, "Tango de Pista", Todi, Italy)
- Blackpool Dance Festival Qualifications (Winter Gardens, Blackpool, U.K.)

Specialization Courses

2021-ongoing 2020-ongoing 2020/21 Online teaching 2020-ongoing BIHub Sports/ High-Performance Training 2015 Tango Certificate

- Learning from Link Business Academy, entrepreneurial skills, Bucharest
- Learning from Masters Academy "Scoala Online", Chisinau, Rep. Moldova
- Open University "Online Teaching: Creating Courses for Adult Learners"
- Certificate in "Neuroscience and Training", "Psychology for High-Performance Sports", "Technology Applied to Sports", injuries, coaching, workloads etc. (4-month courses), Barca Innovation Hub Universitas (FC Barcelona)
- Tango Therapy Certificate, "Federico Trossero" Method, Rosario, Argentina

Experience and Research

2008-ongoing

2015-ongoing Tango Therapy, Dance and Movement Therapy

- Tango teacher ("Studio Romana" Dance Studio Bucharest 2008-2013, "Popa Nan"Dance Studio Bucharest 2010-2016, "Con Sabor" Dance Studio 2014-2020, "Villa Tango" Busteni 2018-ongoing)
- Collaborative work with Speranta Stan (dance movement & art therapist): systemic and integrative dancing, tango therapy, psychological tools

Employment

Dance Teacher

- 2014-ongoing Dance Teacher 2008-ongoing Self-employed Dance Teacher
- 2014-ongoing President NGO Co-founder and president of the CeTATTE Association ("Centre for Argentine Tango and Tango Therapy" non-profit organisation, Bucharest)
 - Tango teacher at "Con Sabor" Dance School, Bucharest
 - Self-employed tango teacher ("Studio Romana" Dance Studio Bucharest 2008-2013, "Popa Nan"Dance Studio Bucharest 2010-2016, "Villa Tango" Busteni 2018-ongoing)

Formal Education

High Education

2003 Scholarship, Spain

1998-2003 BSc (ICT) Bucharest

2002 Officer Graduation National Defense

- 4-month (Feb-Jun 2003) Erasmus Scholarship, ICT Final Project, Barcelona School of Industrial Engineering (ETSEIB Catalunya), Barcelona, Spain
- bachelor's degree in science ("Science of Systems and Computers" specialist, Military Technical Academy, Bucharest
- officer-in-training graduation (sublieutenant), Military Technical Academy, Bucharest (military active duty 2002-2008)

Teacher & Coach.

Tango Festivals and Events

2008-ongoing Teacher

2008-ongoing Performer Tango Shows

- Argentine Tango special seminars, group classes, tango performance, exhibitions in international tango events (Romania, Moldavia, Ukraine, Bulgaria, Serbia, Poland, Turkey, Hungary, Switzerland, Canada, Argentina)
- "D.U.B." charity tango show with Cluj Tango Orquestra (choreographer and dancer, Brasov, 2019), "Luna Tango" tango theatre show (choreographer and dancer, Craiova, Bucharest 2015), Narcotango Bucharest concert (Opera & Musical Centre, Bucharest 2015), "Gala de Tango" with Traffic Strings Orquestra (Romanian Atheneum, Bucharest 2010, working with choreographers from "Tango Passion" Broadway show), tango Galas etc.

Tango and Dance Coach

2018 National Congress
2015 Latin Pro couple
(World Championship)
2017-18 Standard Pro couple
(major championships)
2020 - ongoing Professional
Dancesport couples

- tango lecture, National Training Camp for DancesSport Coaches and Judges, Constanta, Romania, organiser Romanian DanceSport Federation
- coaching the Romanian Latin professional couple Mirona Gliga and Roman Ciflicli (Apr 2015); in Aug 2015 they became World Champions (Latin, Choreography Section) with an outstanding tango-rumba choreography
- coaching the Standard professional couple Rares Cojoc and Andreea Matei (currently they are world vicechampions and multiawarded dancers)

Online Dance Masterclass

2020-ongoing 2023-ongoing

- zoom sessions and webinars (tango technique, supervision etc.)
- Dr.STANGO online (Zoom) monthly free dance webinars for people struggling with their emotions on/off the dance floors (with Speranta Stan)

Personal Tango Projects

2008-ongoing
Over 20 Projects and Tango
Producs based on Efficient
Methodologies and
Transformational Curricula.

- "Tango Argentino Base Camp" (3-day training camp tango basics, Busteni)
- Over 20 Projects and Tango "Very Inner Person" Tango Festival (Argentine masters, live tango orchestra)
- Producs based on Efficient 3-day 'academic' tango experience: tango seminars, tango therapy (Busteni)
 - Tango Weekend Intensive Seminar (TWIS) Bucharest, Timisoara
 - WTF (Weekend Tango & Friends) 3-day informal tango experience (Busteni)
 - 8/12-month tango projects;
 - organiser of the first National Tango Camp in Romania (Breaza, 3 editions)
 - Bucharest Tango Encuentro Festival (Romanian international festival, top masters, live tango orchestra)

Multidisciplinary Training

Multi-disciplinary Transformational Journey

2023 Jan-July

2022 Sept-2023 July

2023 Sept

2023 - ongoing

2023 Sept - ongoing

2024 Feb

Peter Sage Development Training

2022 Dec USM 2023 Dec USM Legends 2023 Sept EMF, EMT, STARS ...

- 6-month online course "IPNB Interpersonal NeuroBiology", Dr.Daniel Siegel: 8 level of integration, Mindsight Instititute, USA
- two 4-month courses of formation and accreditation "Neuro Change Practitioner & Master", Neuro Change Institute, Australia
- 3-day intensive formation seminar "Theta Healing" (Viana Stibal level-1 certification, coach Dorin Roman, Bucharest)
- Online courses (topics: Fascia & Body performance for movement): Thomas Myers, Eric Franklin
- 1-year online "Self-Mastery Shaolin" program with Master Shi Heng Yi, Shaolin Europe, Germany
- Pelvic Floor Fascia Trainer with Eric Franklin

Biggest Personal Transformational Journey

- 1-year "Ultimate Self-Mastery": one of the best educational all-level, all-domain, self-help program ever encountered
- 6-month "Elite Mentorship Forum": one of the most efficient, neuroengaged, psychological transformational, accountability-drived, long-lasting change, results-oriented program ever encountered with Peter Sage as mentor