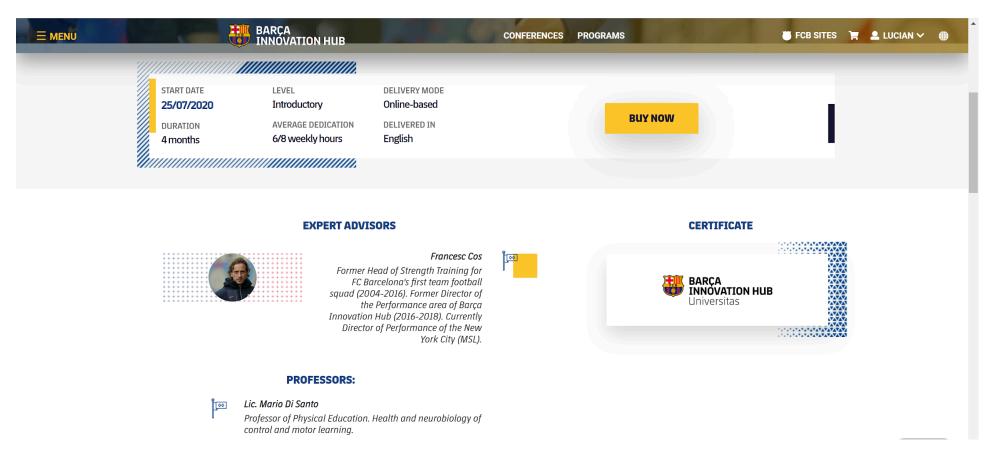
NEUROSCIENCE AND TRAINING

(Lucian Stan, 4months Jul-Oct2020, Barca Innovation Hub Universitas) https://barcainnovationhub.com/product/certificate-neurobiology-sports-performance/

DISCLAIMER: "Certificate in Neurobiology and Sports Performance" is the new name of the former "Certificate in Neuroscience and Training".



The study of human movement from a neuromechanical perspective has not been developed or approached in a systematic way in structured educational programs — neither in the context of physical education nor physiotherapy. Physical education in schools and training systems are not managing to satisfy the demands of motor literacy. This creates the need to study how human movement is related to the nervous system and its different functions.

In this Certificate, we provide you with the tools and knowledge you need to develop athletes with greater motor awareness and better decision-making abilities. In order to do this, we cover all the aspects that involve movement, from perceiving stimulus, to processing information, to finally making a decision and executing it. Without a doubt, this structured development of this subject matter will constitute a milestone in our pursuit of such an ambitious goal. COURSES' SYLLABUS

I. <u>Central Processing of Voluntary Movement</u> (Feb2020)

MODULE 1: The Logic of Motor Functions and Decision-Making

MODULE 2: Decision Training

MODULE 3: Neuromotor Programming

MODULE 4: Integrative Reading

II. Efferent Organization of Human Movement (Mar2020)

MODULE 1: Motor Cortex and Cortical Spinal Tract

MODULE 2: Role of the Cerebellum and Basal Ganglia

MODULE 3: Feedback and Motor Adjustment

MODULE 4: Integrative Reading

III. Difficulty and Environment in Human Motor Function (Apr2020)

MODULE 1: Motor Faults

MODULE 2: Special Teaching Methods for Correcting Faults

MODULE 3: Transference and Interference

MODULE 4: Integrative Reading

IV. Afferent Organization of Human Movement (May2020)

MODULE 1: Sensory Systems

MODULE 2: Motor Perception and Observation

MODULE 3: Ideomotor Representation

MODULE 4: Integrative Reading





Lucian Stan

successfully participated in the course CENTRAL PROCESSING OF VOLUNTARY MOVEMENT (online)

facilitated by Barça Innovation Hub – Universitas, FC Barcelona's platform for knowledge and innovation.

February 2020

Javier Sobrino Strategic Planning and Innovation Director



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successfully participated in the course EFFERENT ORGANIZATION OF HUMAN MOVEMENT (online)

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March 2020

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April 2020

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May 2020

Javier Sobrino Strategic Planning and Innovation Director